

## SPECIAL CONFERENCE ISSUE SEPTEMBER 20, 2019

ISSUE #08  
OCTOBER 2019

Join the META:PHI Google group:  
E-mail [sarah.clarke@wchospital.ca](mailto:sarah.clarke@wchospital.ca) to be added.

### CONFERENCE ABSTRACTS

#### **Clinical best practices in addiction medicine**

*Meldon Kahan MD, CCFP, FRCPC*

An overview of the contents of META:PHI's guide to clinical best practices in a RAAM clinic setting.

#### **Knowledge dissemination of addiction skills across clinical settings**

*Ken Lee MD, MCFP (Addiction Medicine)*

The London RAAM clinic experience in disseminating knowledge in buprenorphine microdosing to physicians and NPs.

*Jennifer Wyman MD, CCFP, FCFP, DABAM, MPH*

Consultation notes and interprofessional communication as a strategy to increase provider knowledge about management of substance use disorders and safer prescribing.

*Leonora Regenstreif MSc, MD, CCFP(AM), MScCH(AMH), FCFP*

Pearls and pitfalls of building addiction care capacity in a hospital in-patient service.

#### **Engaging community partners: Pilot with the Ontario Provincial Police**

*John Gorchinsky, Special Constable, Ontario Provincial Police*

A brief overview of the joint partnership between the Women's College Hospital RAAM Clinic and the Queen's Park Detachment of the OPP. The harm reduction program is aimed at helping individuals that suffer from addiction issues. The program is designed to educate and create referrals for these mutual clients to the services at RAAM.

#### **Engaging community partners: Collaborating with CAS**

*Ambreen Ladha, Telephone Intake Supervisor, Children's Aid Society of Toronto*

An overview of the role of CAS, how it operates, considerations when working with families, and CAS's partnerships with other agencies in Toronto.

#### **Engaging community partners: Building pathways with social services**

*Barbara Andrade, Manager, Community and Labour Market, City of Toronto*

Barbara Andrade's work is focused on developing community partnerships that improve the life of Ontario Works recipients. This presentation provides an overview of TESS and its current health partnerships, and is looking to generate conversation on expanding partnerships with TESS.

#### **Management of substance-induced psychosis, depression, and anxiety**

*Darren Holub MD, FRCPC, FASAM, DABAM, CCSAM*

Addiction involving alcohol or other substances will often present with symptoms resembling primary psychiatric disorders. Differentiating between substance-induced and independent mental disorders is a frequently encountered diagnostic conundrum in addiction medicine and psychiatry. This presentation will explore this clinical challenge, and provide some practical diagnostic approaches and management strategies for the benefit of clinicians and their patients.



Dr. Meldon Kahan  
Photo by Katie Fraser



John Gorchinsky  
Photo by Katie Fraser



Dr. Darren Holub  
Photo by Kate Hardy

### **Thunder Bay RAAM clinic: Trauma-informed progress**

*Julia MacArthur, Manager of Addiction and Mental Health, Thunder Bay Counselling*

*Darcy McWhirter, Manager, Crisis and Outreach Programs, St. Joseph's Care Group*

*Georgina McKinnon, Executive Director, People Advocating for Change through Empowerment*

*Carleigh Taylor, Manager of Post Treatment Services, Dilico Anishinabek Family Care*

Thunder Bay's Rapid Access to Addiction Medicine clinics have been in operation since spring of 2018, providing same day services to clients suffering the greatest challenges from concurrent SU/MH issues. Thunder Bay is experiencing a dramatic rise in high risk substance use and the collateral challenges that surpass provincial and national averages in many areas. Join the Thunder Bay RAAM Clinic in a discussion of how Trauma Informed Practices have been instrumental in creating the clinic framework and help to provide and maintain a safe and supportive environment. Micro to macro scale practices have served to ease the pathway into service for clients and made it possible for clients to remain engaged.



Julia MacArthur, Darcy McWhirter, Carleigh Taylor  
Photo by Kate Hardy

### **Making RAAMs accessible: Delivering culturally safe care to Indigenous clients**

*Sheryl Lindsay, Coordinator, Addiction Medicine Program, Anishnawbe Health Toronto*

This presentation focuses on Anishnawbe Health Toronto's RAAM that opened in November 2018. Discussion of how this community-based RAAM is eliminating barriers for the urban Indigenous community in Toronto, through provision of access to Traditional Indigenous ways, Western addiction medicine and intensive outreach and community support.

### **HIV and Hep C: Screening, educating, and referring patients in addiction settings**

*Courtney Thompson MD, FRCPC, MSc*

This talk covers the epidemiology of HCV and HIV in Canada, risk of transmission in substance-using populations, options and recommendations for screening, patient education considerations, and options for referral.



Dr. Courtney Thompson  
Photo by Kate Hardy

### **Adjunct psychosocial services to RAAM**

*Leslie Molnar, Therapist/Social Worker, Women's College Hospital*

This presentation outlines the benefits and challenges of providing treatment to people with substance use issues within a group setting. Discussion will take place regarding research findings and limitations. Specific types of groups will be discussed with information regarding the methods used in implementing and evaluating such groups.

### **Challenges in OAT treatment in fentanyl users**

*Anita Srivastava MD, MSc, CCFP*

The recent opioid crisis has been fuelled in large part from the widespread presence of fentanyl in street opioid supplies. This session focuses on reexamining traditional treatment paradigms as a response to the changing nature of opioid use disorders as well as exploring alternative treatment approaches. Case presentation will be used to demonstrate some of the challenges in treating patients with ongoing fentanyl use.

**Thank you to all speakers and attendees!**

## **EVENTS**

RAAM monthly videoconferences

Prescribers	Oct 8
Nurses	Oct 9
Counsellors	Oct 11
Administrators	Oct 17

E-mail [kate.hardy@wchospital.ca](mailto:kate.hardy@wchospital.ca) to join a videoconference or to have a provincial event featured here.

Download the conference materials:

<http://metaphi.ca/provider-education.html>

View the conference webcast:

<http://webcast.otn.ca/mywebcast?id=136632775>

Visit the META:PHI website:

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Interested in being featured in a future issue?

E-mail [kate.hardy@wchospital.ca](mailto:kate.hardy@wchospital.ca).