

# Medical Intake

Date: \_\_\_\_\_ Time: \_\_\_\_\_

CLIENT INFORMATION	
Name	
DOB	
Sex assigned at birth	
Age	
Health card number	
Chart number	

Family practitioner name and contact info: \_\_\_\_\_

Other care providers (e.g., psychiatrist, community social supports, etc.): \_\_\_\_\_

Allergies: \_\_\_\_\_

EpiPen needed?  Yes  No

EpiPen available?  Yes  No

MEDICATIONS (prescriptions, over-the-counter, vitamins, supplements, inhalers, topicals, and samples)					
Medication	Dose, route, frequency	Reason	Prescriber	Pharmacy	Adherent?
					<input type="checkbox"/> Y <input type="checkbox"/> N
					<input type="checkbox"/> Y <input type="checkbox"/> N
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					<input type="checkbox"/> Y <input type="checkbox"/> N

# MEDICAL HISTORY

Medical issues and surgical history:

- Diabetes
- Sleep apnea
- Renal problems
- Liver problems
- Respiratory concerns
- Chronic pain

Other: \_\_\_\_\_

Pregnant or chance of pregnancy?  No  Yes

If yes: Care provider: \_\_\_\_\_

LMP & EDD: \_\_\_\_\_

High-risk behaviours (e.g., IVU, sharing supplies):

HIV:  Unknown  Negative  Positive

If positive: Care provider: \_\_\_\_\_

Viral load: \_\_\_\_\_

Therapy: \_\_\_\_\_

Hepatitis A:  Unknown  Never had  Has had  Immunized

Date last tested: \_\_\_\_\_

Hepatitis B:  Unknown  Never had  Has had  Chronic infection  Immunized

Date last tested: \_\_\_\_\_

Hepatitis C:  Unknown  Never had  Positive  Treated

Date last tested: \_\_\_\_\_

If positive/treated: Care provider: \_\_\_\_\_

Viral load: \_\_\_\_\_

Therapy (if/when completed): \_\_\_\_\_

TB:  Unknown  Negative  Positive

If positive: Symptoms (e.g., hemoptysis, weight loss): \_\_\_\_\_

COVID-19 vaccination status:  Unvaccinated  One dose  Two doses  Booster

## PHYSICAL EXAM

General appearance (e.g., intoxicated, physical withdrawal, calm and well): \_\_\_\_\_

Height: \_\_\_\_\_  Reported  Measured

Weight: \_\_\_\_\_  Reported  Measured

Resp: \_\_\_\_\_

Pulse: \_\_\_\_\_

BP: \_\_\_\_\_

SpO2: \_\_\_\_\_

Temp: \_\_\_\_\_

Skin (e.g., track marks, wounds, infection): \_\_\_\_\_

Other: \_\_\_\_\_

## SUBSTANCE USE

Completed Psychoactive Drug History Questionnaire<sup>1</sup>:  No  Yes

Past overdose:  No  Yes

**If yes:** Details: \_\_\_\_\_

DSM-5 substance use disorder diagnosis:  No  Yes

Withdrawal scale completed:  COWS<sup>2</sup>  CIWA-Ar<sup>3</sup>  CIWA-B<sup>4</sup>

Previous addiction treatment:  No  Yes

**If yes:** Details: \_\_\_\_\_

## MENTAL HEALTH

Received treatment for mental health:  Currently  Within past 12 months  Within lifetime

Received medication for mental health:  Currently  Within past 12 months  Within lifetime

Psychiatric admissions (inpatient/admitted to hospital):  Within past 12 months  Within lifetime

Previous suicide or self-harm attempts:  No  Yes

Current suicidal ideation or self-harm intent:  No  Yes

Homicidal ideation:  No  Yes

Details: \_\_\_\_\_

<sup>1</sup> <https://www.porticonetwork.ca/documents/21686/199786/DHQ.pdf/370c51f7-1e99-49eb-90b7-1de0622dac35>

<sup>2</sup> [http://www.metaphi.ca/wp-content/uploads/ED\\_OUD\\_COWS.pdf](http://www.metaphi.ca/wp-content/uploads/ED_OUD_COWS.pdf)

<sup>3</sup> [http://www.metaphi.ca/wp-content/uploads/WMS\\_6.1\\_CIWA-Ar.pdf](http://www.metaphi.ca/wp-content/uploads/WMS_6.1_CIWA-Ar.pdf)

<sup>4</sup> <https://insight.qld.edu.au/file/410/download>

PTSD screen: In your life, have you ever had any experience that was so frightening, horrible, or upsetting that, in the past month, you...

	YES	NO
Had nightmares about it or thought about it when you did not want to?	<input type="checkbox"/>	<input type="checkbox"/>
Tried hard not to think about it or went out of your way to avoid situations that reminded you of it?	<input type="checkbox"/>	<input type="checkbox"/>
Were constantly on guard, watchful, or easily startled?	<input type="checkbox"/>	<input type="checkbox"/>
Felt numb or detached from others, activities, or your surroundings?	<input type="checkbox"/>	<input type="checkbox"/>

*\*Yes to 3 or more should prompt further investigation.*

PHQ-2: Over the past 2 weeks, how often have you been bothered by the following problems?

	NOT AT ALL (0)	SEVERAL DAYS (1)	MORE THAN HALF THE DAYS (2)	NEARLY EVERY DAY (3)
Little interest or pleasure in doing things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling down, depressed, or hopeless?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*\*A score of 3 or greater indicates depression is likely and further assessment is warranted.*

GAD-2: Over the past 2 weeks, how often have you been bothered by the following problems?

	NOT AT ALL (0)	SEVERAL DAYS (1)	MORE THAN HALF THE DAYS (2)	NEARLY EVERY DAY (3)
Feeling nervous, anxious, or on edge?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Not being able to stop or control worrying?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*\*A score of 3 or greater indicates anxiety is likely and further assessment is warranted.*

## DISCUSSION/PLAN

- Referrals:
  - Family practitioner
  - Psychiatry
  - Outpatient program/support groups
  - Residential treatment
  - HCV/HIV treatment
- Opioid agonist therapy:
  - Naloxone kit
  - National overdose response services
  - Discuss risks of overdose after detox
- Anti-craving medication
- NRT
- Harm reduction practices reviewed and recommended
- Ministry of transportation reporting responsibilities reviewed (if client is non-compliant with treatment and/or returns to uncontrolled substance use and continues driving)

Details: \_\_\_\_\_