



Working with hepatitis C patients

Monique Goudreau, RegN

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- I've been working with hepatitis C patients since 1996
- I've worked in the emergency department, psychiatry, jail, and Methadone treatment center in Sudbury
- I work with numerous gastroenterologists, hepatologists, infectious disease specialists and Nurse Practitioners in Ontario
- I initiated the Northern Hepatitis Center of Excellence in 2011
 - Offered 'one stop shop' where everything is done in one place: phlebotomy, access to specialists, provided treatment

Northern Hepatitis Center of Excellence

- Receive hepatitis C referrals from primary care providers
- Complete a nursing assessment
- Connect the patient with a treating specialist
- Aim is to have the patient started on treatment within 3-4 weeks

Hepatitis C support

- I educate patients on their hepatitis C disease, progression and treatments
- I help them navigate drug coverage if needed by connecting them with the appropriate patient support program
- I ensure all the necessary blood work has been done prior to treatment
 - HIV, hepatitis status, CBC, INR, LFT, HCV RNA
- I send out reports to the primary care provider updating them with the status of the patient

Treatments

- I discuss with the patient their treatment duration, adverse events and drug drug interaction
 - Duration is either 8 weeks or 12 weeks, depending on which medication is prescribed
 - Adverse events include headache, nausea and/or fatigue
- I will follow up with them during the course of their treatment. Week 4, (8) and the end of their treatment
- I contact the patient 3 months post treatment to repeat an HCV RNA to determine success of treatment

Contact information

- Cell: 705-618-3545/844-267-6423
- Fax: 705-855-3545
- I hope I can be of assistance with your hepatitis C patients