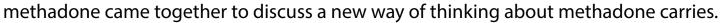
A New Approach to Methadone Carries

A group of **three people** with experience of taking methadone, **two people** with experience of prescribing methadone, and **one person** with experience of dispensing methadone came together to discuss a new way of thinking







The goal of this approach is to **balance the benefits and risks** of methadone carries.

SIX GUIDING QUESTIONS FOR MAKING DECISIONS ABOUT CARRIES

- 1. Can the carries be kept **safe**?
- 2. **How long** has the person been taking methadone?
- 3. How is the person managing their responsibilities (i.e., **stability**)?
- 4. Does the person take most of their observed doses?
- 5. Are the person's recent **substance use patterns** lower or higher risk?
- 6. What do the person's **urine drug tests** show?

BASED ON THE ANSWERS TO THESE QUESTIONS, SOMEONE MIGHT BE ELIGIBLE FOR...

No carries (potential risks outweigh potential benefits)

Up to 3
non-consecutive
carries

M M M W M F S

4 to 6 carries

7 or more carries



READ THE SUMMARY

www.metaphi.ca/wp-content/uploads/CarryPrinciples_PlainLanguage.pdf



