

META:PHI Conference 2018

Welcome!

Kate Hardy, Manager, META:PHI
Sarah Clarke, Knowledge Broker, META:PHI

September 21, 2018



Housekeeping

- Washrooms
- Breakfasts and lunches provided
 - Special diet meals (gluten-free, vegetarian, lactose-free, etc.) set aside with names
- Cell ringers off please!
- Panelist questions – see delegate package for question forms and **submit questions** for interdisciplinary RAAM panelists **by the end of today**
- Conference evaluation – see delegate package for session feedback and overall conference feedback forms

- All sessions are being recorded and archived
 - Link to access archived sessions AND speaker slides will be distributed post-conference via the META:PHI website www.metaphi.ca
 - *If you ask a question, it will be heard in the archived session*
- *Those attending via webcast or who do not want their voices in the archived session, please send **questions for session speakers** to Hoda.Hassan@wchospital.ca during the **first half hour** of each talk*
 - Questions will be read aloud to speakers during the Q+A period of each session

Agenda - Friday

Day 1: Friday 21st September 2018

Time	Session* **	Lead/Speaker
Registration and Breakfast 8:00 a.m.- 9:00 a.m.		
9:00 a.m. - 9:30 a.m.	Welcome and META:PHI Introduction	Meldon Kahan, MD, CCFP, FRCP, META:PHI Project Lead Kate Hardy, MSW, RSW, META:PHI Manager Sarah Clarke, PhD, META:PHI Knowledge Broker
9:30 a.m. - 10:15 a.m.	Engaging Patients in Care: Lessons Learned from The Ottawa RAAM Clinic	Kim Corace, PhD, CPsych Melanie Willows, MD, CCFP, CCSAM, DABAM
10:15 a.m. - 11:00 p.m.	Considerations for Serving Indigenous Clients	James Carpenter, Traditional Healer Sheryl Lindsay, Coordinator, Addiction Medicine Program Leslie Saunders, Coordinator, Babishkhan Unit
Break 11:00 a.m.- 11:10 a.m.		
11:10 p.m. - 12:30 p.m.	Considerations for Special Populations: Youth, Older Adults, Women, and Those Who Are Pregnant	Sharon Cirone, MD, FCFPC Suzanne Turner, MD, MBS, CCFP, DABAM Marilyn White-Campbell, B.A., Dip. Grt. Lindsay Williams, MSW, RSW
Lunch 12:30 p.m.- 1:30 p.m.		
1:30 p.m. - 2:15 p.m.	Medical and Psychosocial Management of Benzodiazepines, Crystal Meth, Cocaine, and Cannabis	Wiplove Lamba MD, FRCPC, Dip ABAM, ISAM(C)
2:15 p.m. - 3:00 p.m.	Challenges and Successes of a Decentralized Model for RAAM Expansion	Paola Folino, RN, BScn, MPH-NS Mike Franklyn, MD, CCFP Stephanie Paquette, MSW, CHE
	Supporting Families of Those Who Use Substances <i>(The Session will be held in the Pink Cube)</i>	Leslie Molnar, BSW, MSW, RSW Irene Njoroge, RN, CARN, MPH(C)

Agenda - Saturday

Day 2: Saturday 22nd September 2018

Breakfast 8:00 a.m.- 9:00 a.m.		
9:00 a.m. - 9:45 a.m.	Tough Calls: RAAM Clinical Best Practices	Meldon Kahan, MD, CCFP, FRCP
9:45 a.m. - 10:30 a.m.	Developing Community Pathways	Camille Keith, Addiction Worker and Educator
Break 10:30 a.m.- 10:45 a.m.		
10:45 a.m. - 11:30 a.m.	Emergency Departments in the RAAM Era: A Critical Partnership	Larry Nijmeh, MD, CCFP(EM), FCFP
11:30 a.m. - 12:15 p.m.	Trauma-Informed Care	Leslie Molnar, BSW, MSW, RSW Irene Njoroge, RN, CARN, MPH(C)
Lunch 12:15 p.m.- 1:15 p.m.		
1:15 p.m. - 2:00 p.m.	Case Discussions <i>(Groups and rooms will be announced)</i>	Self-facilitated
2:00 p.m. - 2:45 p.m.	Clinical Panel Discussion	Jenn Brunner, MSW, RSW Yelena Chorny, MD, MSc, CCFP, DABAM Camille Keith, Addiction Worker and Educator Paul Koniec, RN, BScN, CPMHN(C) Larry Nijmeh, MD, CCFP(EM), FCFP Tam Truong, NP-PHC, MPH
2:45 p.m. - 3:00 p.m.	Conference Wrap Up	Meldon Kahan, MD, CCFP, FRCP, META:PHI Project Lead Kate Hardy, MSW, RSW, META:PHI Manager

Accreditation Statement

- **All talks** presented in this conference have been **accredited** by the Office of Continuing Professional Development with the University of Toronto
- Conference attendees are eligible for credits from:
 - the **Royal College of Physicians and Surgeons of Canada**, and
 - the **College of Family Physicians of Canada**
- **1 hour = 1 credit**

Disclosure of Commercial Support

- META:PHI has received **financial support** from
 - ARTIC, an initiative of CAHO and HQO, in the form of a secondary spread grant, and
 - The Toronto Central Local Health Integration Network (TC LHIN) to support the establishment of RAAMs in Toronto.
- META:PHI has received **in-kind support** from Women's College Hospital in the form of use of facilities.
- **Potential for conflict(s) of interest:**
None

Presenter Declaration

- **Presenters:**
 - Kate Hardy, MSW RSW
 - Sarah Clarke, PhD
- **Relationships with commercial interests:**
 - None

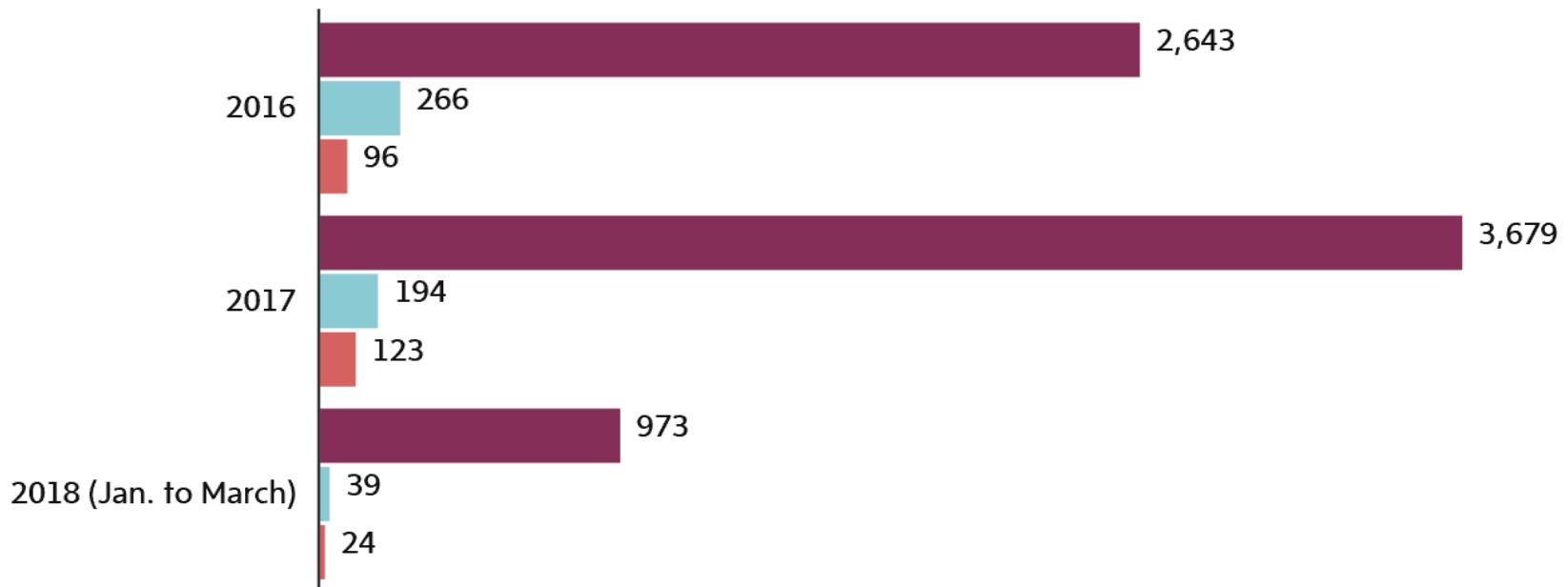
**WHAT ARE WE ALL DOING
HERE?**

Canadian Opioid Epidemic

- >11 Canadians dying per day
- Canada is world's 2nd highest per capita consumer of opioids
- Fentanyl involved in >70% of deaths

Number of apparent opioid-related deaths in Canada, by manner of death

● Accident ● Suicide ● Undetermined



THE GLOBE AND MAIL, SOURCE: PUBLIC HEALTH AGENCY OF CANADA

DATA SHARE

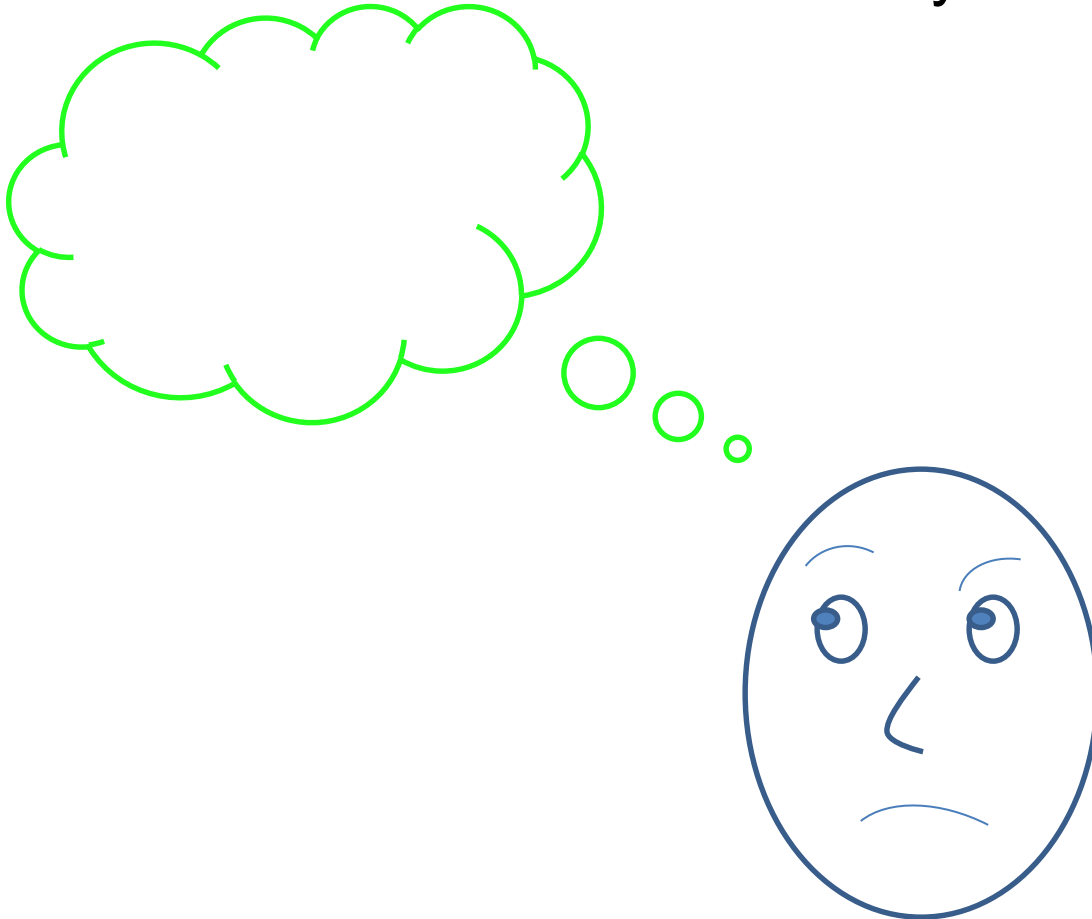
- Alcohol continues to be the number one cause of substance use–related deaths in Canada
 - Estimated 4258 deaths in 2002 (Gov. of Canada, 2015) and estimated **5082** deaths in 2015 (CIHI, 2017)
 - **77,000 hospitalizations** caused by alcohol in 2015–2016, compared to 75,000 for heart attacks in that same year (CCSA, 2017)

Disjointed and inconsistent care:

- Methadone clinics
 - May not incorporate treatment for co-occurring SUDs, counselling, primary care
- Emergency departments/hospitals
 - Seldom use evidenced-based treatment of alcohol or opioid withdrawal
 - Rarely initiate long-term treatment
- Psychosocial programs
 - Often prohibit addiction medications during residential stay
 - Publicly-funded spaces/beds have long wait times
- Primary care
 - Family doctors not trained on prescribing addiction medications
 - Many PCPs are reluctant to take on patients with substance use disorders

An Ideal System

- What would an ideal system **look like**?
- How can we **achieve** an ideal system?



An Ideal System

- What would an ideal system **look like**?
 - **Consistently high quality care** in all settings
 - **Easier access to care** for patients
 - **Smooth transitions** between care settings
 - **Communication** between different sectors
- How can we **achieve** an ideal system?
 - Bring stakeholders together
 - Determine common benchmarks and goals
 - Form **relationships** to improve communication and facilitate consistency of practice

THE META:PHI PROJECT

Meet the Team



Meldon Kahan
Project Lead



Kate Hardy
Project Manager



Irene Njoroge
Nurse Educator



Leslie Molnar
Social Work Educator



Sarah Clarke
Knowledge Broker



Camille Keith
Addictions Worker and Educator



Allan Smart
Outreach Worker



Hoda Hassan
Project Coordinator

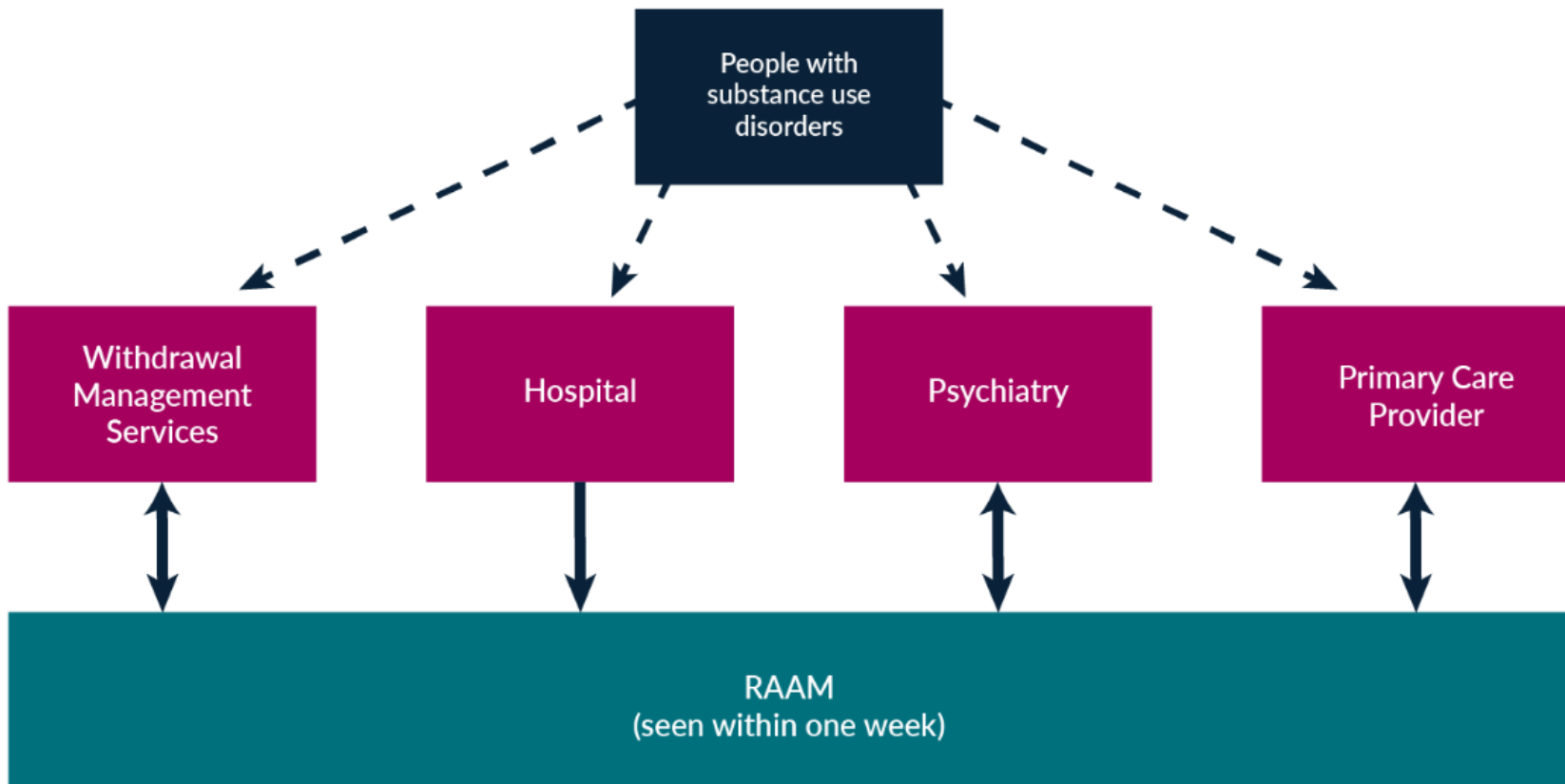


Susan Shin
Project Coordinator

Goals of META:PHI:

- 1) **Improve quality of care** for patients with substance use disorders in hospital units, primary care, withdrawal management services, and community agencies
- 2) **Increase access** to evidence-based treatment and medications for addiction through the establishment of rapid access addiction medicine (RAAM) clinics
- 3) **Establish integrated care pathways** between the hospital, RAAM, withdrawal management, and primary care
- 4) **Provide addiction medicine training and support** to health care providers in these settings

The RAAM Model of Care

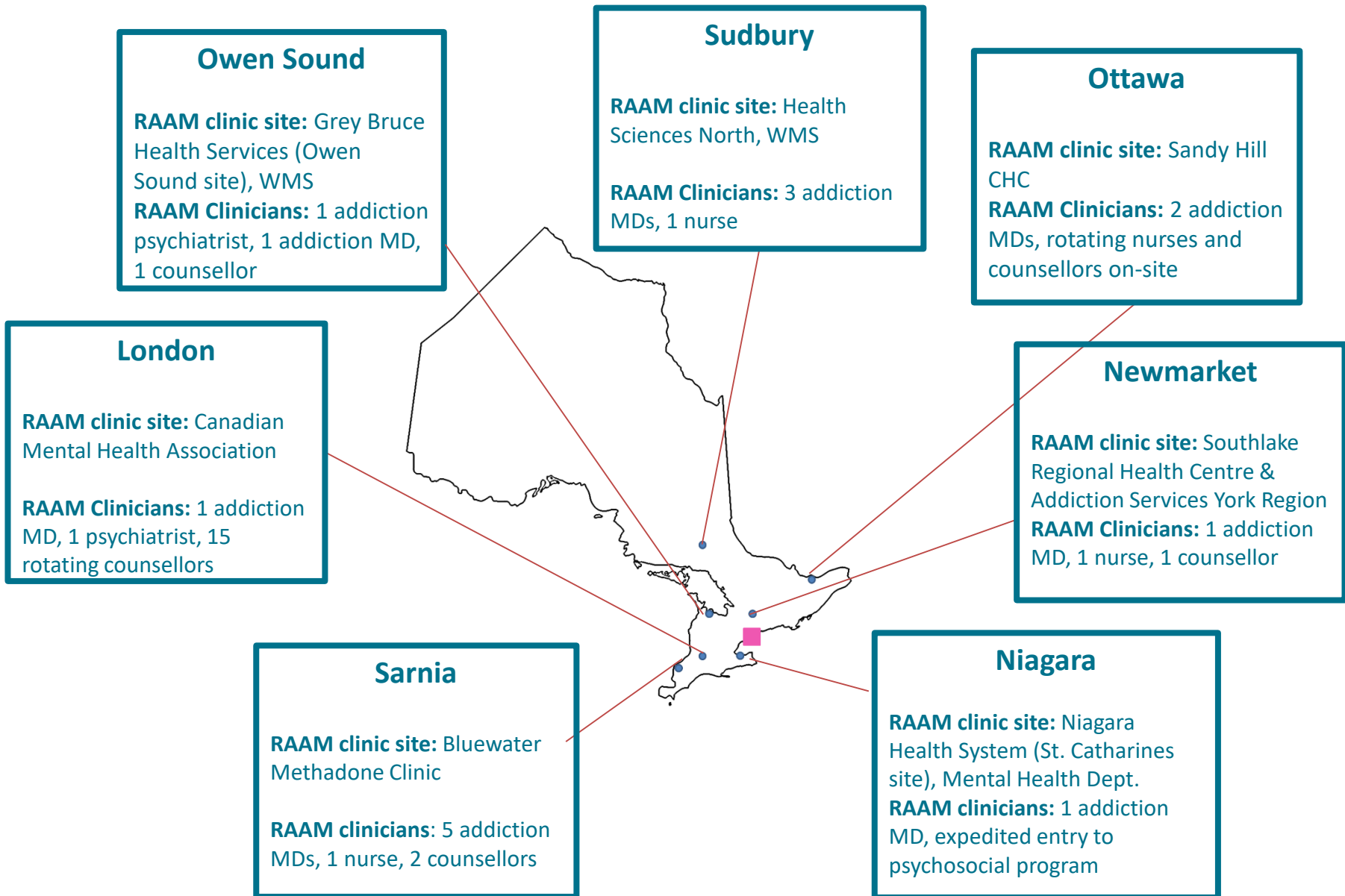


Pillars of the RAAM Model

- No appointment times
- No formal referrals
- Access in under three days to:
 - Medication-assisted treatment
 - Supportive counselling
- Integration with other healthcare system stakeholders
 - Transfer stable patients back to primary care for long-term management
 - Connect patients with community resources
 - Through training, education, and shared care, increase capacity in the primary care and hospital systems to manage SUDs

WHERE DO WE COME FROM?

Phase 1 – ARTIC Pilot



- **All seven pilot sites:**
 - Had RAAMs operational within 10 months
 - Average patient wait time: **3–4 days**
- **861 RAAM patients** seen across seven pilot sites in one year
- **68%** of patients who attended RAAM were prescribed anti-craving medication
 - Cf. **< 1%** of ODB beneficiaries diagnosed with AUD prescribed naltrexone/acamprosate in 2011–12 (Spithoff et al 2017)
- Substantial jump in ED **buprenorphine** dispensing
- Increased use of evidence-based **withdrawal protocols** in EDs

Patient Feedback

“Great. Patient, helpful, kind people work here. Their help has been invaluable.”

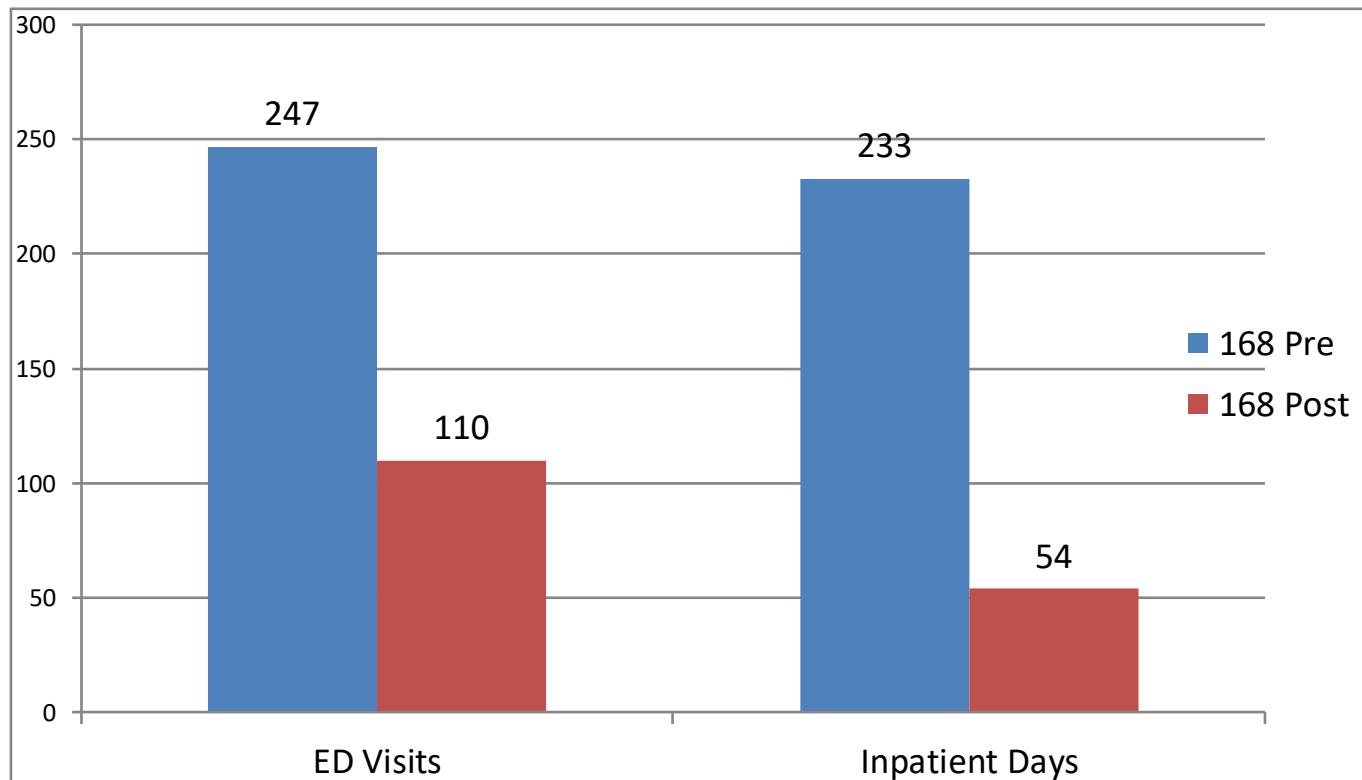
“I am clean, alive, and have my life back. Thank you!!”

“I was taking 500+ percs a month. In less than a month, now I take none. Dr. X is GREAT.”

“The process of getting off of the opiates has gone better than I could have ever hoped for. The staff is friendly, and very accommodating. Most important: not once have I felt as if I was being judged. I really enjoy the time that I spend here.”

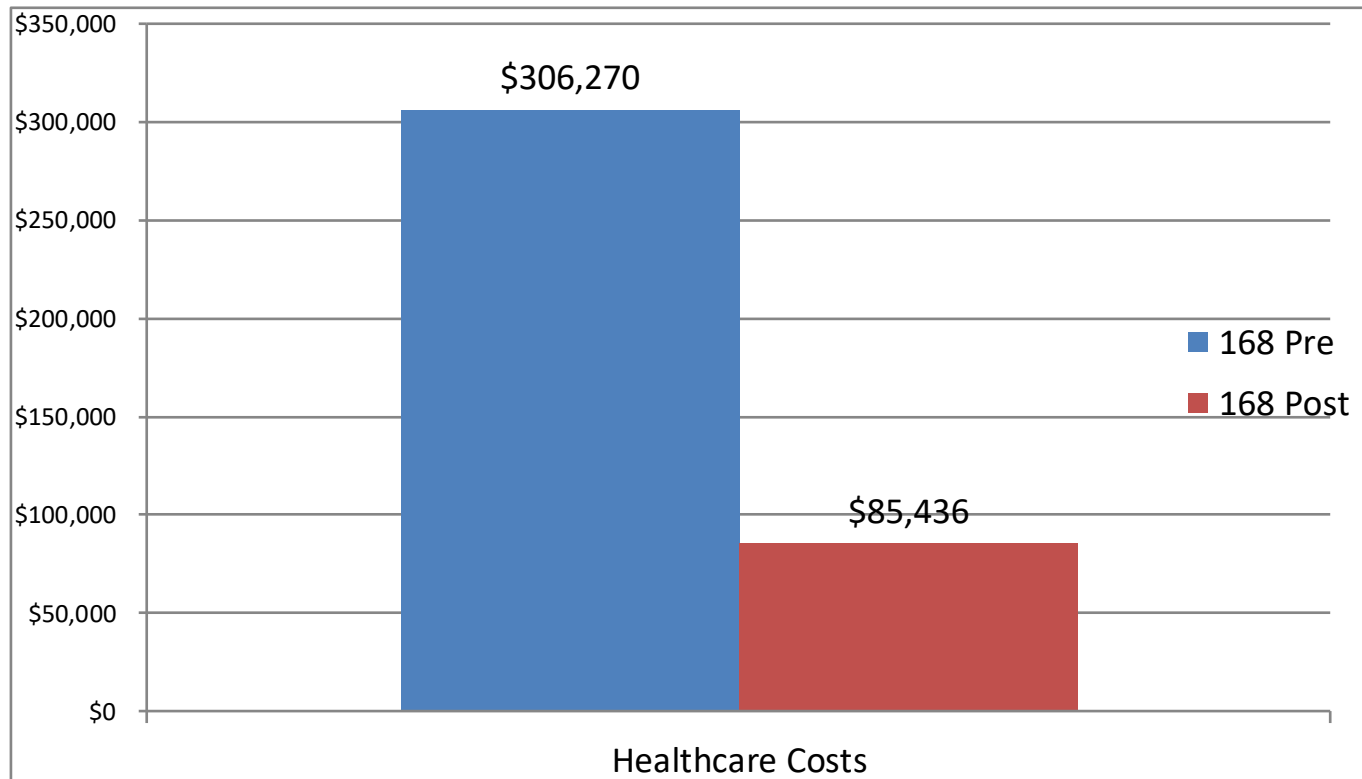
Healthcare Utilization

168 Patients in 6 Regions after 90 Days



Healthcare Spending

168 Patients in 6 Regions after 90 Days



\$1314 saved /patient

Where are they now?

- All seven RAAM clinics have continued operating post-ARTIC funding
 - 6/7 sites increased capacity post-pilot
 - Additional RAAM sites, and/or
 - Increased staffing/hours

Phase 2 – META:PHI Toronto

- Funded by TC LHIN to set up RAAM clinics in Toronto
- Hospital partners:
 - Michael Garron Hospital – *NEW RAAM
 - Mount Sinai Hospital
 - St. Joseph's Health Centre – Pre-existing RAAM
 - St. Michael's Hospital – Pre-existing RAAM
 - Sunnybrook Health Sciences Centre – *NEW RAAM
 - Toronto General Hospital (UHN)
 - Toronto Western Hospital (UHN) – *NEW RAAM
 - Women's College Hospital – *NEW RAAM
 - Anishnawbe Health Toronto - *NEW RAAM

Patient Feedback

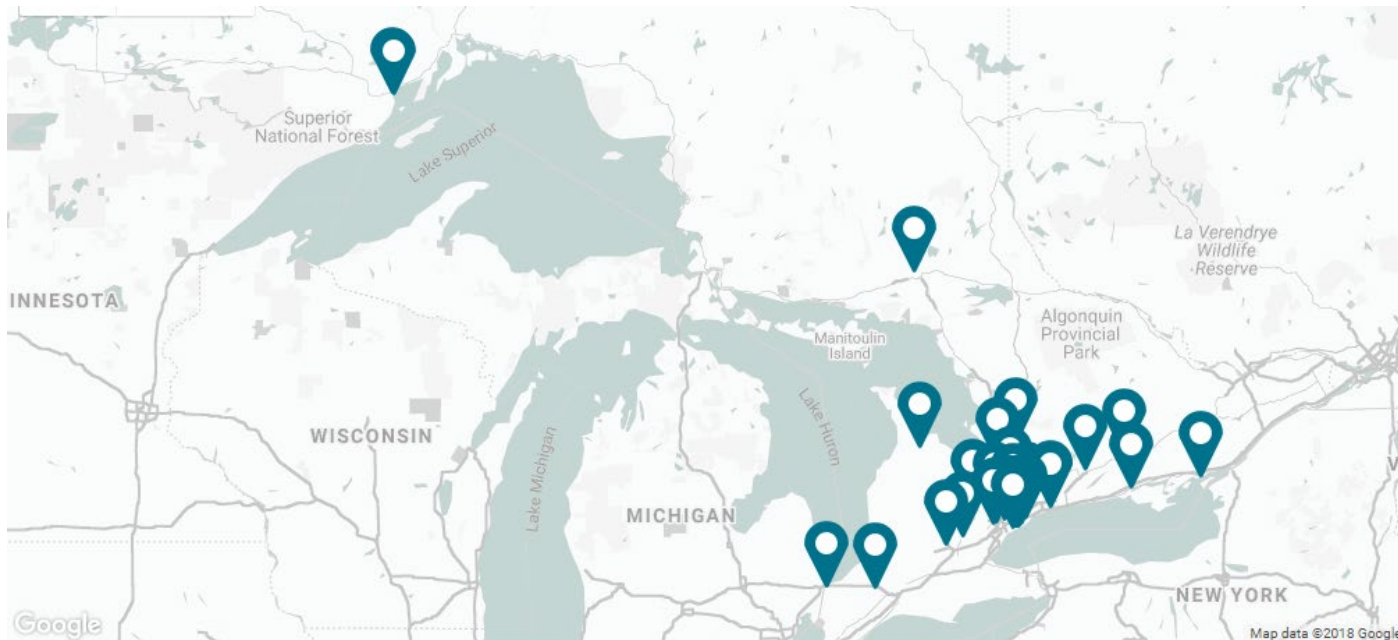
"I greatly appreciate everything the staff has done for myself."

"Knowing I have access to a program that can help me when I feel so lost is invaluable."

"Professional, friendly, experienced, helpful. I feel massively comforted and in very safe hands with the advice and expertise I have experienced today. THANK YOU."

Phase 3 – META:PHI Ontario

- In fall 2017, MOHLTC announced funding for RAAM clinics
- ARTIC provided a secondary spread grant to META:PHI to provide support to the new RAAM clinics
- ~55 RAAM clinics **across the province** and counting
- Everyone here today is a **stakeholder** and a **partner**



WHAT CAN WE OFFER YOU?

- META:PHI listserv – clinical & administrative, peer-driven conversations
 - 350 members across Canada
 - To join, e-mail sarah.clarke@wchospital.ca
- Monthly clinical teleconferences for:
 - Prescribers
 - Nurses
 - Social workers/case managers/addiction workers
 - Clinical questions + case scenarios
 - To join, e-mail kate.hardy@wchospital.ca
- Opportunities for province-wide clinical preceptorships
 - To learn more, e-mail kate.hardy@wchospital.ca

Networking

- In-person annual conference (larger every year!)
- Online community of practice
- Monthly teleconferences

Provider Tools

- Point-of-care tools (sample pre-printed orders, withdrawal scales)
- Reference manuals
 - Handbook for PCPs (please take **up to 4 copies**)
 - ****NEW**** Guide for community workers (in your folder)
 - Strategies for brief counselling in the RAAM clinic
 - RAAM clinic best practices guide scheduled for release in fall 2018

Φ META:PHI

About

The Model

Provider Resources ▾

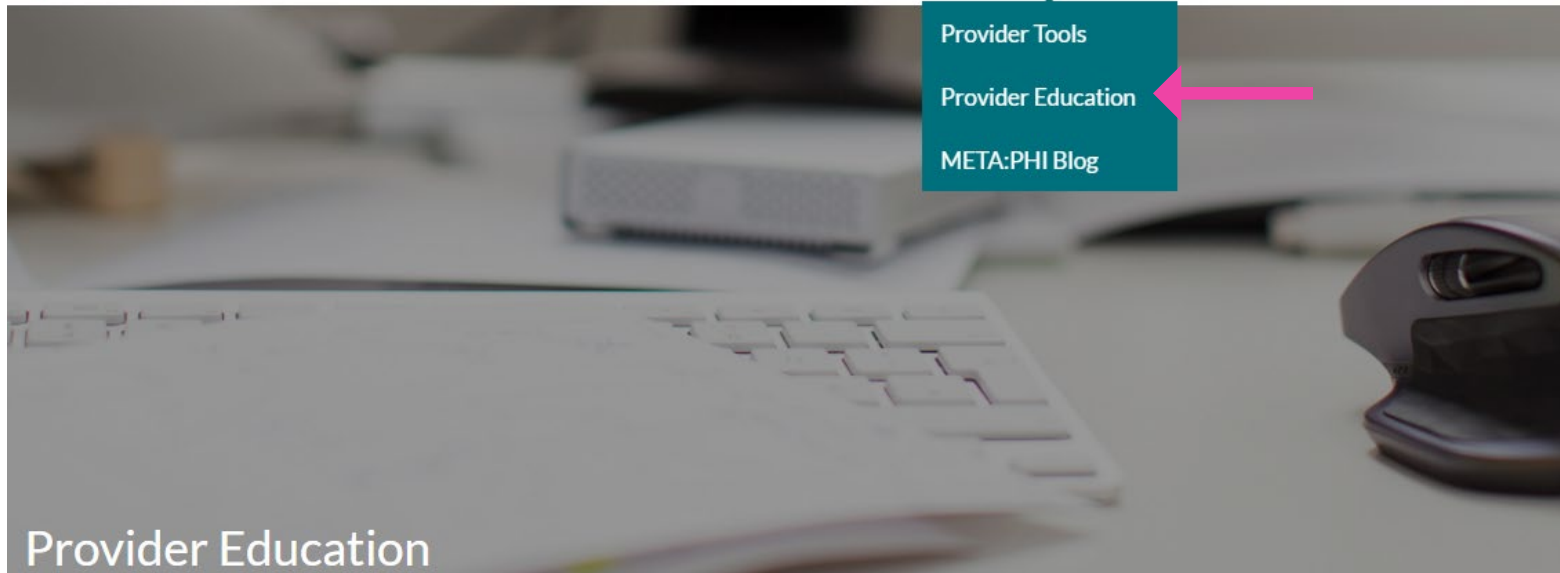
RAAM Clinics

Patient Resources



Provider Education

- PPT presentation bank for rounds, training sessions
- Online learning modules for PCPs, ED physicians, ED nurses, crisis workers
- Online learning module on engaging RAAM patients and setting up therapeutic relationships scheduled for release in winter 2018/19



Patient Resources

- Alcohol Use Disorders: A Guide for Patients
- Opioid Use Disorders: A Guide for Patients
- Starting Buprenorphine Therapy: A Guide for Patients
- Buprenorphine Home Induction Pamphlet
- Addiction and Recovery Resource List

Φ META:PHI

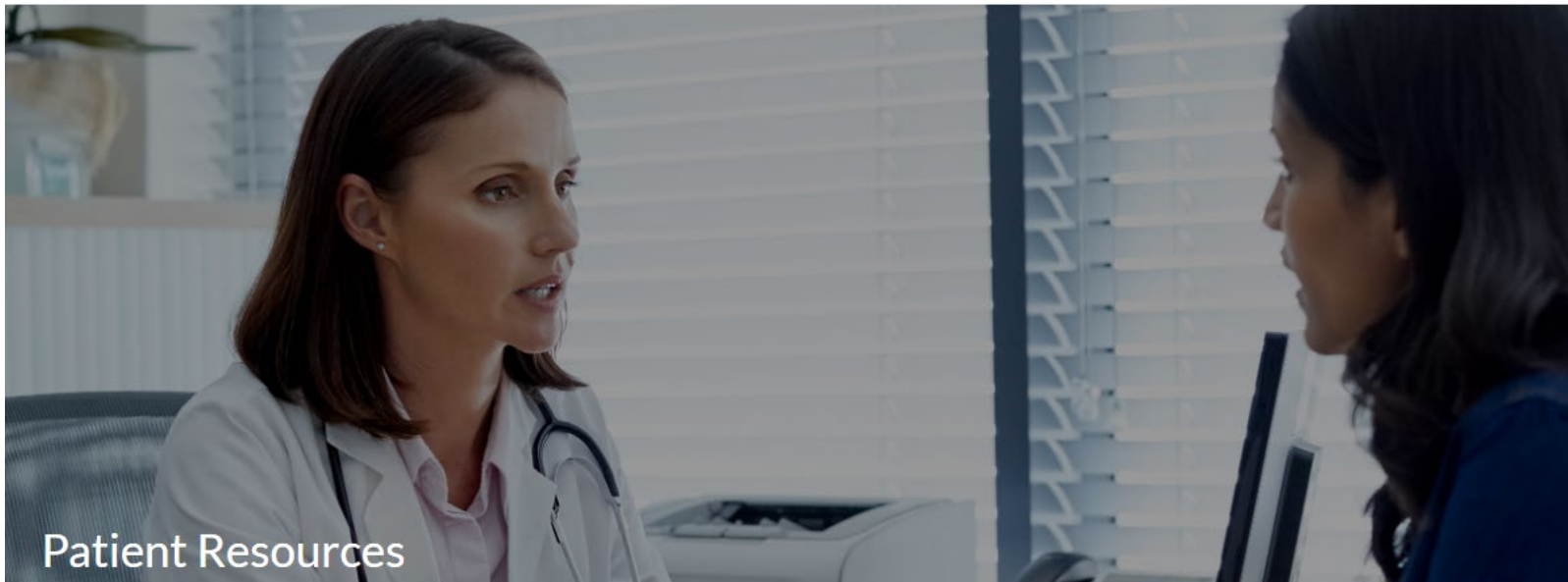
[About](#)

[The Model](#)

[Provider Resources](#) ▾

[RAAM Clinics](#)

[Patient Resources](#)



Patient Resources

Learn More

- Meldon Kahan, Lead, meldon.kahan@wchospital.ca
- Kate Hardy, Manager, kate.hardy@wchospital.ca
- Sarah Clarke, Knowledge broker, sarah.clarke@wchospital.ca

www.metaphi.ca

Thank you!