

Considerations when Working With Women

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Toronto Opiate Support Team

Breakaway Addiction Services



Reducing
Harm
Enhancing
Health

Toronto Opiate Support Team

- Funded to provide Trauma-Informed, Harm Reduction Therapy in an Outreach Model
- Increase awareness of opioid dependence and OD prevention (trainings/consultations)
- Decrease the demand on EMS
- Increase the number of folks using opiate replacement
- Increase number of folks accessing counselling support

Referral Process

Older Adults (55+)

Gordon at (416) 910-5039

Young Adults (16-29)

Stephen at (416) 910-7908

Women (30-55)

Lindsay at (416) 910-7882

Claudine at (647) 885-1135

Office Line

(416) 537-9346

Fax Line

(416) 537-2598

Experiences of Women

SURVIVAL
RELATED
INJURIES

CRIMINALIZATION

EFFECTS OF
VIOLENCE

PTSD
SYMPTOMS

CHRONIC HEALTH

GRIEF AND
LOSS

STIGMA AND
DISCRIMINATION

POVERTY

FOOD INSECURITY

CHILD WELFARE
SYSTEMS

HOUSING

What can I offer....?

- Creating a trusting relationship of safety
- Addressing family needs
- Being mindful of language
- Intention to respond not react to crisis-What's driving the response? (Hope, Pain, Fear...)
- Informed/capacity to consent
- Listen and reflect Hopes, Values, Commitments, Skills
- Advocacy

- What do you like about the work you do?
- What do you like about yourself in the work?