

Provincial overview and META:PHI supports

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Declaration

Speakers' names:

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Relationships with financial sponsors:

Employees of Women's College Hospital

Conflicts of interest:

None

Welcome!

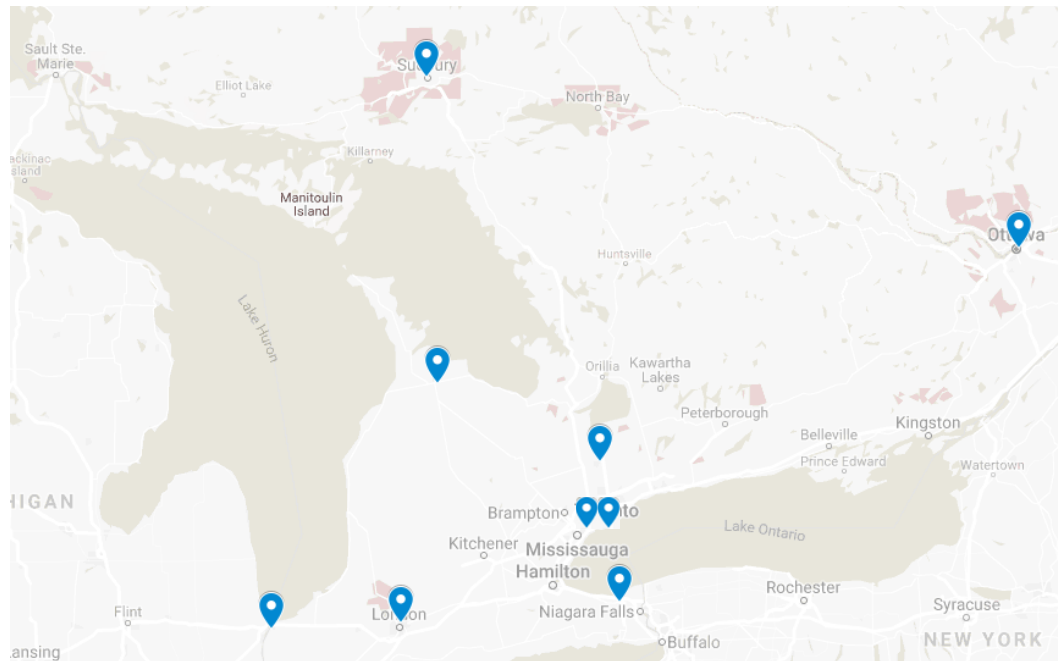
- 2nd annual META:PHI conference
- A chance to...
 - Learn about work happening across the province
 - Network with colleagues

- Washrooms
- Ringers off!
- Wifi: WC_Guest Password: WomensCollege
- Breaks and lunch – vegan, vegetarian, halal, gluten-free
- Slide decks and video posted to www.metaphi.ca
- Claiming credits/proof of attendance
 - Conference is **accredited** by the CPD office, U of T
 - Eligible for: RCPSC & CFPC – 1 credit per hour
 - Make sure you have signed in at the registration table
- Resources and materials
- META:PHI newsletter: Conference issue
- Conference evaluation forms

In the beginning...

2015:

- 2 existing RAAM clinics in Toronto (St. Michael's Hospital - limited to SMH patients, St. Joseph's Health Centre)
- 7 RAAM sites created during META:PHI pilot (London, Newmarket, Ottawa, Owen Sound, Sarnia, St. Catharines, Sudbury)



Following the pilot...

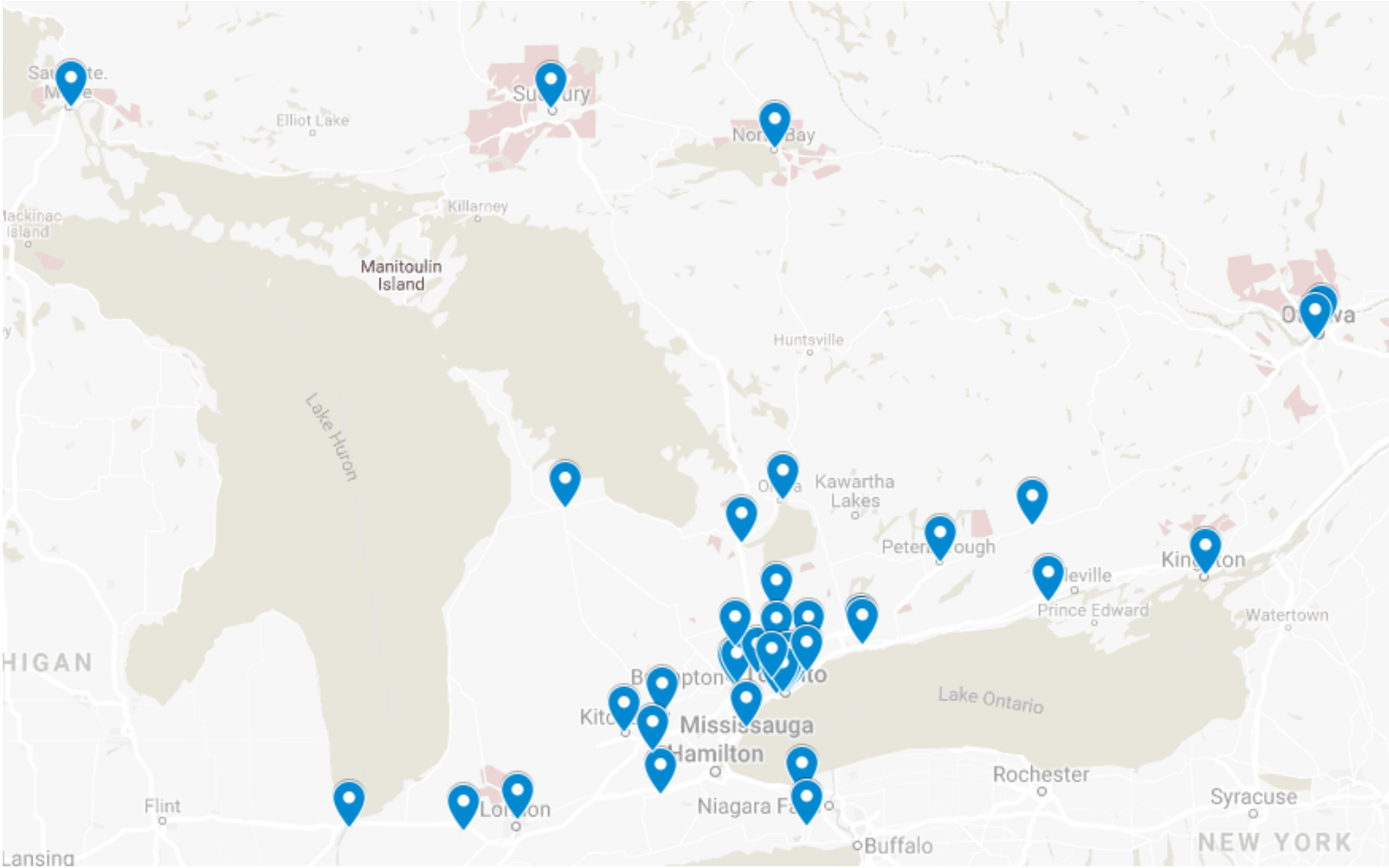
2015–2017

- META:PHI oversaw the implementation of the RAAM model across the Toronto Central LHIN

2018–present

- RAAM model formally endorsed by the MOHLTC, becoming a pillar of their provincial Opioid Strategy
- Now approximately 70 Ontario clinics and growing
- Additionally, RAAM clinics can be found in MN, BC, NS, and are under consideration in other provinces
- META:PHI's role continues to be to support clinics in adopting best practices for managing SUDs and maintaining integrity to the RAAM model

Clinics province-wide



Clinic directory and map found at www.metaphi.ca

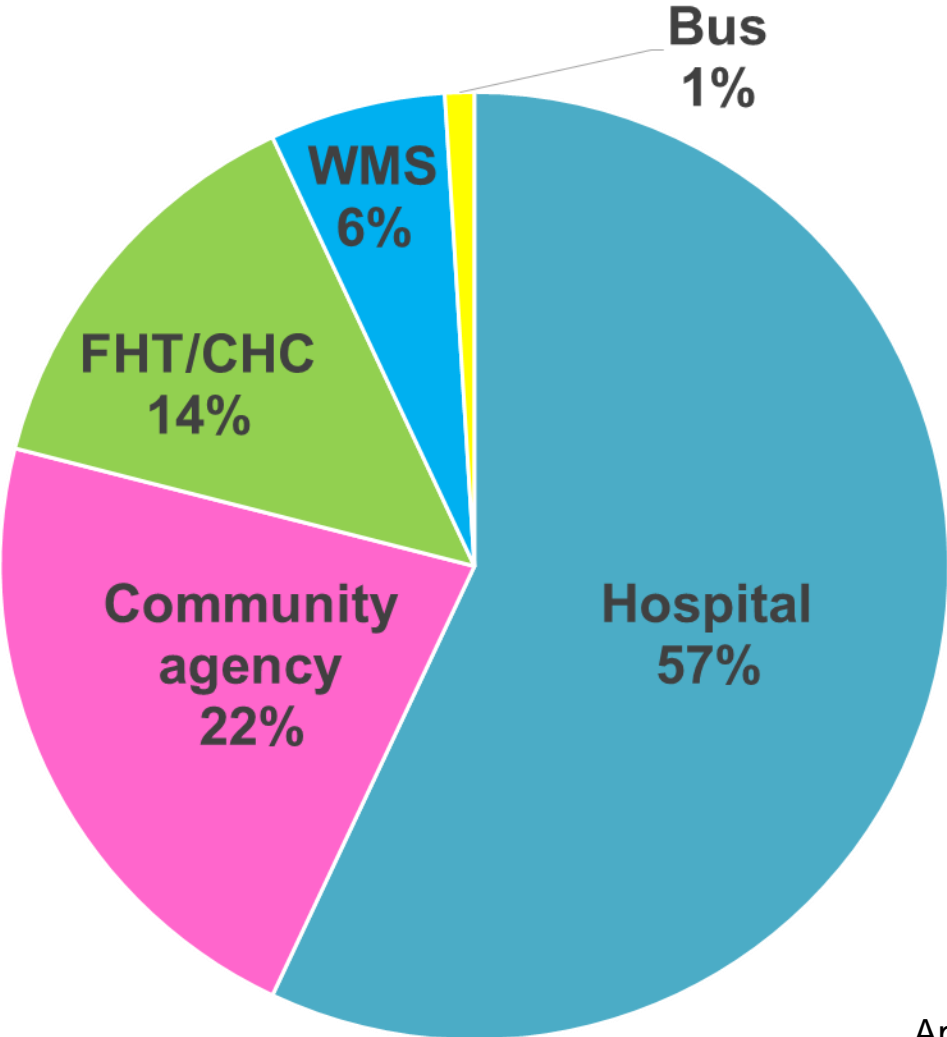
A flexible model of care

- RAAM basics:
 - No referrals, wait times, or intake assessments required
 - Medication-assisted treatment for AUD and OUD
 - Short-term counselling and case management
 - Referrals to community programs
 - Emphasis on eventual transfer to primary care
- Otherwise, RAAM clinics can adapt to fit the local needs of the community

Highlighting unique approaches

- **Addiction Services for York Region** piloted a mobile RAAM bus with an NP prescriber which travelled to different community sites across the Central LHIN
- **Kingston CHCs** integrated a RAAM into their existing services, offering rapid access addiction care alongside primary care, a needle exchange program, counselling, etc.
- **The NE LHIN and Health Sciences North** spearheaded an initiative to implement a “Hub and Spoke Model,” with 4 hub sites, and 23 spoke sites to help deliver care throughout rural and remote regions
- **Women’s College Hospital** RAAM offers a medical day detox program, accessible through the on-site Acute Ambulatory Care Unit where patients can stay up to 18h to manage alcohol and opioid withdrawal

Ontario RAAMs by setting



April 2019

A welcome change

News Release - Manitoba



May 8, 2018

MANITOBA TO FUND RAPID ACCESS

Hospital program brings rapid-access addiction medicine to clinics across Ontario

Government Commits \$1.2 Million to Improve

Espanola Rapid Access Addiction
Medicine (RAAM) Clinic Grand

Updated: April 12, 2018 12:21 pm

pid help

for opioid, alcohol addicts

CANADA

June 14, 2018 3:36 pm

Updated: June 14, 2018 4:16 pm

Rapid access clinic for opioid addiction opens in Hamilton

Rapid access clinics 'life-saving' for Durham
residents struggling with opiate addiction

clinics to operate a combined 5
week in Brantford, Simcoe and
...

COMMUNITY Mar 12, 2019 by [Reka Szekeley](#) ✓ DurhamRegion.com

winasor

'Rapid access' treatment model for addiction
comes to Windsor

irfolkToday.ca

**Scarborough and Rouge Hospital opens walk-in
addictions clinic**

Addiction a huge, unaddressed issue, says RAAM clinic nurse

New supports

1. Monthly calls
2. Patient engagement videos
3. Patient pamphlets
4. Best practices guide

1. Monthly calls

- Provincial videoconferences for select audiences: prescribers, nurses, counsellors, and administrators
- Clinical discussions, troubleshooting, sharing successes, presentations, etc.
- E-mail kate.hardy@wchospital.ca to sign up for a call

2. Patient engagement videos

- Video series of a panel discussion on ways to engage RAAM clinic patients in treatment
- Panel speakers:
 - Greg Carfagnini MD CCFP (EM) (AM)
 - Sheryl Lindsay MSW
 - Irene Njoroge RN MPH(C)
- Panel moderator:
 - Susan Shin MSW
- Available online at <http://metaphi.ca/provider-education.html>



3. Patient pamphlets

- Simple brochures, easy to understand, FAQ format
- Variety of topics:
 - Information about AUD
 - Alcohol and mood
 - Alcohol withdrawal
 - Medications for AUD
 - Information about OUD
 - OUD and pain
 - Medications for OUD
 - Information for families
- Available for download at <http://metaphi.ca/patient-resources.html>

But drinking makes me feel better.

In small amounts, alcohol can have a euphoric effect. This is because alcohol causes a release of dopamine, a chemical that makes us feel good. However, the more we drink, the more likely we are to start feeling angry, hostile, or sad. When a person with depression has some quick drinks in order to try to feel better, they often experience a rapid improvement in their mood followed immediately by a crash. Once we've gotten stuck in this cycle, it's hard to get out of it.

4. Best practices guide

- FAQ-format document on best practices in RAAM setting
- Questions contributed by RAAM clinicians
- Topics covered:
 - Approach to RAAM practice
 - Alcohol
 - Opioids
 - Benzodiazepines
 - Stimulants
 - Counselling
- Will be available for download at <http://metaphi.ca/provider-tools.html> by **October 2019** (Google group will be notified)

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Ongoing supports

- Listserv
- Primary care handbook available online and in print (see resource table)
- Community worker guide available online and in limited print (see resource table)
- Withdrawal protocols, order sets, clinical protocols (under Provider Resources → Provider Tools)

THANK YOU FOR COMING!
ENJOY THE DAY!