

# SWEATING HALLUCINATIONS ORIENTATION TREMOR SCALE (SHOT)

Sweating	
	0 - No visible sweating 1 - Palms moderately moist 2 - Visible beads of sweat on forehead
Hallucinations	
“Are you feeling, seeing, or hearing anything that is disturbing to you? Are you seeing or hearing things you know are not there?”	0 - No hallucinations 1 - Tactile hallucinations only 2 - Visual and/or auditory hallucinations
Orientation	
“What is the date, month, and year? Where are you? Who am I?”	0 - Oriented 1 - Disoriented to date by one month or more 2 - Disoriented to place or person
Tremor	
Extend arms and reach for object. Walk across hall (optional).	0 - No tremor 1 - Minimally visible tremor 2 - Mild tremor 3 - Moderate tremor 4 - Severe tremor

- Score of 2+ indicates need for benzodiazepines
- Discontinue treatment when score < 2 on two consecutive occasions