

# SUBSTANCE USE DISORDER (NON-OPIOID) FOLLOW-UP VISIT<sup>1</sup>

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**SUBSTANCE USE, PATTERN, AND ROUTE:**

Alcohol: \_\_\_\_\_

Benzodiazepines: \_\_\_\_\_

Cannabis: \_\_\_\_\_

Opiates: \_\_\_\_\_

Stimulants: \_\_\_\_\_

Other: \_\_\_\_\_

**MEDICATIONS:**

Prescription(s): \_\_\_\_\_ Dose: \_\_\_\_ mg

Recent dose change: \_\_\_\_\_

Side effects: \_\_\_\_\_

Withdrawal: \_\_\_\_\_

Cravings: \_\_\_\_\_

**PSYCHOLOGICAL ISSUES UPDATE:**

Mood: \_\_\_\_\_

Sleep: \_\_\_\_\_

Energy: \_\_\_\_\_

**SOCIAL ISSUES UPDATE:**

Housing: \_\_\_\_\_

Employment: \_\_\_\_\_

Social support: \_\_\_\_\_

Driving: \_\_\_\_\_

Safety: \_\_\_\_\_

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<sup>1</sup> Adapted from materials provided courtesy of Women's College Hospital.

**MEDICAL ISSUES UPDATE** (including risks/management of STBBIs):

**Counselling/clinical notes:**

O/E: \_\_\_\_\_

Appearance: \_\_\_\_\_

Speech: \_\_\_\_\_

Affect: \_\_\_\_\_

Mental status: \_\_\_\_\_

Signs of withdrawal/sedation: \_\_\_\_\_

Other: \_\_\_\_\_

**UDT RESULTS:**

\_\_\_\_\_

**IMPRESSION:**

\_\_\_\_\_

**PLAN:**

\_\_\_\_\_

**RESOURCES/SUPPORTS:**

\_\_\_\_\_

**PHARMACY:** \_\_\_\_\_

**RETURN TO CLINIC:** \_\_\_\_\_