

Resources

ALCOHOL

Standard drink calculator (University of Victoria, Canadian Institute for Substance Use Research)

<http://aodtool.cfar.uvic.ca/index-stddt.html>

AUD pharmacotherapy table (British Columbia Centre on Substance Use)

<https://www.bccsu.ca/wp-content/uploads/2020/04/AUD-Pharmacotherapy-Tables.pdf>

Managing co-occurring OUD and AUD (British Columbia Centre on Substance Use)

<https://www.bccsu.ca/wp-content/uploads/2021/04/ATG-Managing-Co-occurring-Opioid-and-Alcohol-Use-Disorders.pdf>

OPIOIDS

Naloxone education (Narcan)

https://www.narcan.com/#isi_anchor

<https://narcannasalspray.ca/en/>

Naloxone distribution policy, medical directive, and record (META:PHI)

https://www.metaphi.ca/wp-content/uploads/ED_OUD_NaloxonePolicy.pdf

https://www.metaphi.ca/wp-content/uploads/ED_OUD_NaloxoneDirective.pdf

https://www.metaphi.ca/wp-content/uploads/ED_OUD_NaloxoneRecord.pdf

Clinical opioid withdrawal scale (Wesson DR, Ling W. The Clinical Opiate Withdrawal Scale (COWS). J Psychoactive Drugs. 2003;35(2):253–259.)

<https://www.metaphi.ca/wp-content/uploads/COWS.pdf>

Buprenorphine microdosing how-to (Patel P, Dunham K, Lee K. Buprenorphine/naloxone microdosing: The Bernese method. Sept 2019.)

http://www.metaphi.ca/wp-content/uploads/Guide_Microdosing.pdf

Microdosing prescription (META:PHI)

http://www.metaphi.ca/wp-content/uploads/ED_OUD_RxMicrodosing.pdf

Buprenorphine information for community providers (META:PHI)

http://www.metaphi.ca/wp-content/uploads/ED_OUD_CommunityProvider.pdf

Buprenorphine/naloxone home start patient handout (META:PHI)

http://www.metaphi.ca/wp-content/uploads/ED_OUD_HomeStartInfo.pdf

Extended-release depot buprenorphine patient handout (META:PHI)

http://www.metaphi.ca/wp-content/uploads/Handout_SublocadeTreatment.pdf

STIMULANTS

Stimulants in RAAM: Pharmacologic and contingency management (Stephanie Rochon and Tanya Hauck)

<https://www.youtube.com/watch?v=SW0ECJp590&t=6s>

BENZODIAZEPINES

Equivalency tables and general taper principles (Ashton CH. Benzodiazepines: How they work and how to withdraw.

The Ashton Manual, Aug 2002.)

<https://www.benzo.org.uk/manual/index.htm>

Equivalency calculator (ClinCalc)

<https://clincalc.com/Benzodiazepine/>

Equivalency calculator (MDCalc)

<https://www.mdcalc.com/benzodiazepine-conversion-calculator>

CIWA-B (Busto UE, Sykora K, Sellers EM. A clinical scale to assess benzodiazepine withdrawal. Journal of Clinical Psychopharmacology.

1989;9(6):412-6. doi: 10.1097/00004714-198912000-00005.)

<https://insight.qld.edu.au/file/410/download>

NICOTINE AND CANNABIS

Algorithm for tailoring nicotine pharmacotherapy (Centre for Addiction and Mental Health)

<https://www.nicotinedependenceclinic.com/en/teach/Documents/Pharmacotherapy%20Algorithm%20JAN2018%20updated.pdf>

Canada's lower risk cannabis use guidelines (Centre for Addiction and Mental Health)

<https://www.camh.ca/-/media/files/pdfs---reports-and-books---research/canadas-lower-risk-guidelines-cannabis-pdf.pdf>

CUDIT-R (Adamson SJ, Kay-Lambkin FJ, Baker AL, Lewin TJ, Thornton L, Kelly BJ, Sellman JD. An improved brief measure of cannabis misuse: the Cannabis Use Disorders Identification Test-Revised (CUDIT-R). Drug Alcohol Depend. 2010 Jul 1;110(1-2):137-43. doi: 10.1016/j.drugalcdep.2010.02.017. Epub 2010 Mar 26. PMID: 20347232.)

http://mycannabisiq.ca/wp-content/uploads/2018/07/2010_CUDIT-R-revised-with-scoring-EN.pdf

Marijuana withdrawal checklist (PhenX Toolkit)

https://www.phenxtoolkit.org/toolkit_content/supplemental_info/saa_assessments/measures/Marijuana_Withdrawal_Checklist.doc

OTHER

Psychoactive drug history questionnaire (Addiction Research Foundation)

<https://www.nova.edu/gsc/forms/Drug-History-Questionnaire.9.8.2022%20.pdf>

ED discharge referral to RAAM (META:PHI)

http://www.metaphi.ca/wp-content/uploads/ED_OUD_Discharge.pdf